



NCFC – Covid Safe Plan – 25th June, 2021

1. Introductions

NCFC's COVIDSafe plan has been prepared in line with The State Government's industry restart guidelines for community sport and recreation including Sports Victoria and Footballs Victoria's published guidelines. NCFC's COVIDSafe plan is based on the six COVIDSafe Principles:

1. Ensure physical distancing
2. Wear a face mask
3. Practise good hygiene
4. Keep records and act quickly if workers, participants or volunteers become unwell
5. Avoid interactions in enclosed spaces
6. Create workforce bubbles

NCFC confirms that this plan has been sent to the committee, coaches, officials and players (and their guardians).

2. CORONAVIRUS RESOURCES

NCFC utilises the following resources to assist our club in preparing your COVIDSafe Plan, and to comply with Government restrictions:

- Federal Department of Health, [Online Infection Control Training](#)
- Victorian Department of Education and Training, [Skills Gateway – Infection Control training](#)
- Victorian Government Coronavirus website, [Creating a COVIDSafe workplace](#)
- Victorian Government Coronavirus website, [COVIDSafe Plan](#)
- Victorian Government Coronavirus website, [Industry Restart Guidelines: Community Sport and Recreation \(October 2020\)](#)
- Victorian Department of Health and Human Services, [Coronavirus information posters](#)
- Federal Department of Health, [Coronavirus information posters and resources](#)
- Federal Department of Health, [Translated coronavirus information posters and resources](#)



NCFC's COVID SAFE PLAN

Name: Nunawading City Soccer Club (NCFC) Incorporated
Type: NCFC is a Victorian Incorporated Association (A0038393)

ABN: 52 219 985 808

Address: 138 Mahoneys Road, Forest Hill, Victoria 3131

- **Contact:** Dennis Alysandratos, President – 0419 378 268

CovidSafe Officer: Belinda Mitropoulos – 0430 572 083

CovidSafe Plan Version – 25/06/2021

Endorsed by Dennis Alysandratos, President 25/06/2021

1. NCFC COVID-19 COMMITMENT STATEMENT

As a sporting club we are fully committed to providing a safe and healthy environment for members of our club (volunteers, players, personnel, families, spectators) and the wider community and are committed to implementing practices in line with guidance available from Sport Australia, Football Federation Australia, Football Victoria, our local council, the Victorian State Government and other relevant authorities applicable to our sporting club

We also acknowledge the directions imposed by the Victorian State Government will be followed as we undertake football activities, and we commit to adhering to the latest advice from Football Victoria and the Victorian State Government in this regard.

It is important to NCFC to lead and promote a strong culture of COVID-19 safety for the health and wellbeing of participants and the broader community.

2. ENSURE PHYSICAL DISTANCING

NCFC will ensure participants, coaches, club/association personnel, parents, permitted spectators, etc. are 1.5 metres apart as much as possible.

NCFC will:

- Display signs to show patron limits at the entrance of enclosed areas where limits apply (e.g. changeroom)
- Limit the number of participants to the minimum required to play (i.e. limit training to usual age group squad size)
- Zone training areas to limit intermingling between training groups
- Stagger training start times, leaving 15 minutes between training sessions
- Limit use of seats and toilet or changing cubicles at facility to every second seat/cubicle
- Discourage carpooling



- Use floor markings to indicate appropriate physical distancing
- Signpost entry and exit points to limit congregation at the start and end of training
- Conduct meetings or individual fitness sessions from home, where possible

To ensure physical distancing, NCFC will:

- Undertake training emphasising the 'Get in, Train, Get Out' philosophy.
- Utilise the various gates to Mahoney's reserve (separate entry/exit points)
- Minimise overlap between training sessions by allowing 15 minute intervals between sessions
- Limit where possible parent/guardian attendance to 1 per child
- Team Managers will act as marshals for drop off pick up to ensure parents are adhering to social distancing

NCFC is committed to conducting training in line with Government Guidelines and as advised by Sports Victoria & Football Victoria

Our club/association has the following indoor spaces and we will limit group sizes in line with density limits & have appropriate signage to advising such as well as stipulating that Face Masks must be worn:

- Canteen (Takeaway Only)
- Storage Rooms
- Changing Rooms and Toilets

The following training and guidance has been provided to our personnel/volunteers:

- Belinda Mitropoulos is NCFC's COVID Safety Officer (her Certificate is attached to this submission)
- NCFC will arrange for guidance posters to be displayed in prominent positions around Mahoney's reserve
- All NCFC Members have been sent the latest FV Guidelines on Return To Play on Friday, 25th June 2021

3. WEAR A FACE MASK

Everyone above the age of 12 years old must wear a face mask when indoors (and when social distancing cannot be maintained outdoors) unless they have a lawful reason for not doing so.

NCFC will ensure employees wear a face mask while at in indoor areas at work, unless an exemption applies.

NCFC will take the following actions to satisfy this principle:

- Ensure a supply of disposable face masks are available for the use of all participants/attendees at all training sessions and matches
- Place floor markings in change rooms to ensure physical distancing
- Provide information to participants around washing reusable masks each day, and changing disposable masks at least once per day



To ensure all participants over the age of 12 wear a face mask, NCFC:

- Has emailed all Members with the latest FV Guidelines on Return To Play
- Team Managers will act as marshals and anyone over the age of 12 will be required to wear a mask when indoors.
- Training marshals will monitor spectator attendance, recording their details and ensuring they are wearing a mask when indoors/where social distancing cannot be maintained outdoors
- Anyone that does not have a lawful reason and refuses to wear a mask will be asked to leave the venue.

4. PRACTISE GOOD HYGIENE

Additional hygiene measures are a priority. NCFC will maintain good hygiene in our premises, and our hygiene practises are documented in this COVIDSafe Plan.

Examples of NCFC's good hygiene practices include:

- Ensuring that cleaning products and disinfectants are accessible to participants and personnel
- Venue/facility cleaning and disinfecting on a frequent and scheduled basis, ensuring particular frequency for high touch surfaces and bathrooms/change rooms
- Developing a cleaning/disinfecting schedule for high touch surfaces at the venue as well as for equipment
- Ensuring that one or more personnel from NCFC undertakes infection control training
- Maintaining and Displaying a cleaning log in shared spaces such as toilets/changerooms
- Ensuring that handsoap and santiser dispensers are regularly refilled and always available for participants and personnel
- Displaying posters on good hygiene and handwashing practises in prominent places and establish hygiene stations at entrances and throughout the Mahoney's Reserve to encourage good hand hygiene

To ensure that NCFC and all personnel and participants practise good hygiene, NCFC will:
NCFC has adopted the FV Hygiene Protocols – per their latest guidance

- Communicated Expected Behaviours to members, including Hygiene Protocols
- All Members have been advised to have their own hand sanitiser on hand for use before, during and after training. NCFC will also have Hand Sanitiser available for players & spectators
- Limiting the number of persons in Change/Rooms & Toilets at any one time
- In addition to the above NCFC will be disinfecting and cleaning toilets and equipment in line with guidelines. Toilets/change rooms will also be locked after training and only opened immediately prior to the next training day.
- For our u18 squads, modified training plans to adhere to restrictions will be adopted in line with the principles and guidelines provided by Football Victoria (Attachment 1).



- Modified training plans to adhere to restrictions will be adopted in line with the principles and guidelines provided by Football Victoria.

5. KEEP RECORDS AND ACT QUICKLY IF WORKERS BECOME UNWELL

NCFC will keep records of every player attending training and permitted personnel/spectators who attend Mahoney's Reserve to ensure NCFC is prepared to respond in the event of a person with COVID-19 at Mahoney's Reserve.

NCFC will maintain an attendance register for every person that attends Mahoney's Reserve for a period of more than 15 minutes (including participants, personnel, parents and other permitted spectators).

NCFC will utilise Football Victoria's template to maintain a register of training attendance for each session and will keep these for at least 28 days. Likewise, NCFC will utilise the DHHS the same template will also be used to record the attendance at Mahoney's Reserve of permitted personnel and spectators.

NCFC will keep records of all attendees in the following way:

- NCFC has adopted the Services Victoria QR Code check in system
- On arrival at training, players must report to their team Manager/coach for roll call
- When players present to their Team Manager/coach for roll call, the Team Managers/coach will not allow any player to proceed to their nominated training zone should they display any symptoms. Before being allowed into training, each player will also need to confirm to their Team Manager/coach, that in the last 14 days:
 - They have not had any symptoms (eg. Fever or respiratory symptoms such as a cough, sore throat or shortness of breath); and
 - They have not come into contact with a known/suspected case.

Players will only be allowed into training if they confirm a 'no' to both the above.

- Team Managers/Coaches will not allow any player to proceed to their nominated training zone should they present with any symptoms such as those described above.
- Team Managers/Coaches will notify the parents/guardians of the relevant player(s) that they should seek medical advice immediately and cannot return to training until written medical clearance is provided
- A Training Marshall will also be appointed for each training session to record/monitor and enforce requirements on any permitted personnel/spectators in attendance

If a worker, participant or volunteer who is a confirmed case of COVID-19 attends our venue/facility while they are infectious, our response plan is:

- **Team Managers/Training Marshall will immediately notify NCFC's COVID SAFE Officer**
- **NCFC will immediately notify Council of any suspected or confirmed cases of COVID-19 linked with use of Council facilities (sports fields or pavilion/club house). NCFC must do so by notifying Olivea Sutton – Recreation Services**



Officer on 0407 519 501 with a follow up email to :

olivea.sutton@whitehorse.vic.gov.au

- NCFC, through the COVID SAFE Officer will follow DHHS's Workplace guidance for managing suspected and confirmed cases, including: conducting a risk assessment; contacting DHHS and worksafe; Determine hot spots; and clean the premises.

6. AVOID INTERACTIONS IN ENCLOSED SPACES

Where the use of indoor spaces is required (for example bathrooms, changing rooms, storage rooms) NCFC has a plan to minimise the amount of interactions conducted and maximise ventilation, air quality.

To minimise interactions in enclosed spaces, NCFC:

- Encourage Players to change at home rather than use change rooms where possible.
- Change rooms will have staggered change times in line with the staggered training times to minimise overlap
- NCFC will provide both Main Ground Changing rooms and Pavillion Change Room access to maximise space for changing
- Signage will be placed advising the density requirements and that face masks must be worn

7. CREATE WORKFORCE BUBBLES

NCFC will create a 'bubble' by:

- Limiting training sessions to each squad with minimum staff for coaching
- Limit spectators to one per player where possible
- Training zones will be clearly marked for consistency of training groups
- Limit the movement of players between teams/squads
- Advise NCFC Members not to carpool to training/matches
- Limit shared equipment to one group
- Clean shared equipment between sessions